**Workshop on Awareness of Vector Borne Disease**

On 18th July 2017, Mrs Dolly Ekka (Nodal teacher), Aastha Sharma (Head girl) and Harsh Priye (Head boy)

Attended the workshop on awareness of Vector Borne Diseases, organized by Public Health Department Najafgarh at Rajkiya Pratibha Vishwa Vidyalaya, Sector 10 at 1:30 pm.

Dr. Vimal Kaushal DPO, W, SWD talked about the causes and prevention of Dengue, Malaria and Chickengunia. As one’s says ‘prevention is better than cure’ he stressed on controlling the diseases at the larva stage. He had explain the life cycle of mosquito in which most of its cycle process inside the water before the adult stage which takes 8 days to complete. So it is best to kill at the larva stage. Ades mosquito is a day biter that spreads Dengue. Further more information regarding symptoms and ill effects were discussed. Mosquitoes usually breed in fresh stagnant water and hence ways to kill its larva were discussed. Eg :- spraying with kerosene oil etc.

Their main source of reduction are :-

1. Water management
2. Personal protection
3. Larva control method

Also advised the schools to form a committee as mosquito abatement committee to take weekly rounds in and outside the school premises. Committee including Principal, Head boy, Head girl, Medical staff, Teachers.

In a second half- Nodal officer(Anti-Smoking Cell) discussed about the law and rules of anti-smoking enforcement team and their job and to form a Tobacco Free Committee in schools as well. Committee including Principal, PTI, students to display anti smoking banners in and around the school premises. And to share this information in schools.

Ms. Dolly Ekka

(Staff Nurse)